# NavigateMe: A student's stepping stone to unlocking their potential

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## Abstract

*NavigateMe is an online tool used at the University of New South Wales (UNSW). The tool assists students to seek ways to achieve their greatest potential during their studies and encourages them to reflect on personal goals, resolve queries and address their perceived difficulties. The tool refers users to university services and suggests ways in which they can change their lifestyles or personal habits to improve their university experience.*

## Introduction

The UNSW NavigateMe tool is a new initiative that uses technology incorporating mobile devices in the online space, to assist in the provision of support and information to students. The strength of an online tool is that it encourages reflection on and review of personal goals and alignment with university study. Reflection on personal goals is known to improve academic performance (Morisano, Hirsh, Peterson, Pihl, & Shore, 2010; Potter & Bye, 2014). This approach also provides students with information upon which to act, thus encouraging self-management (Robbins, Oh, Le, & Button, 2009).

### Description

From an interface with a menu they can select the areas that most concern them. There are five general areas which addresses: "Life at Uni", "Personal Life", "Career", "Study at Uni" and "Uni Procedures" (they can choose any category). NavigateMe is evaluated on an ongoing basis and at specific points in relation to the academic calendar using several methods. Student reactions are gauged through focus groups with open questions. The tool is revised and updated in response to feedback by the use of the online component which is tracked using web analytics of hits, number of action plans generated, and clicks on links to further resources.

## References

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Navigate Me: An online tool An online tool to help students achieve their greatest potential